



# THE MISSION BELL

CARMICHAEL PRESBYTERIAN CHURCH

July 2021

Volume LXI Number 6

## Keeping It Cool

### Help Fund Our New Sanctuary HVAC System

As we slowly emerge from the grips of a worldwide pandemic, Carmichael Presbyterian Church is also reawakening from its pandemic slumber with in-person worship services in McMillen Hall, office hours, and some fully



*Replacing the Sanctuary HVAC system gets us closer to worshiping again in our Sanctuary.*

vaccinated groups meeting indoors. The question on everyone's mind as we seek to get back to normal is *when will we be able to worship in the Sanctuary?*

That's a difficult question to answer. *(Continued on page 2)*

### INSIDE THIS ISSUE:

Afghan Refugee English Program	3
In Our Church Family	3
Presbyterian Women	4
Compassion	5
Scuttlebutt	6
Notes of Thanks	7
Contact Us	7
Mission Bell Deadlines	8

## Sunday Worship Experiences

### In-Person Worship 8:45 a.m. in McMillen Hall

Praise God with music and the power of spoken word. Face coverings and social distancing are required. Childcare is not available.



### Live Stream Worship 10:00 a.m. on YouTube

A blend of traditional and contemporary music styles with pre-recorded videos providing an opportunity for members and friends of our faith community to participate in ways that bring new life to the Word. Go to <https://www.youtube.com/user/carmichaelpres/> or search for "carmichaelpres" on the YouTube app or your Smart TV. Plus, watch recordings of past worship services any time.



## ... Sanctuary HVAC ...

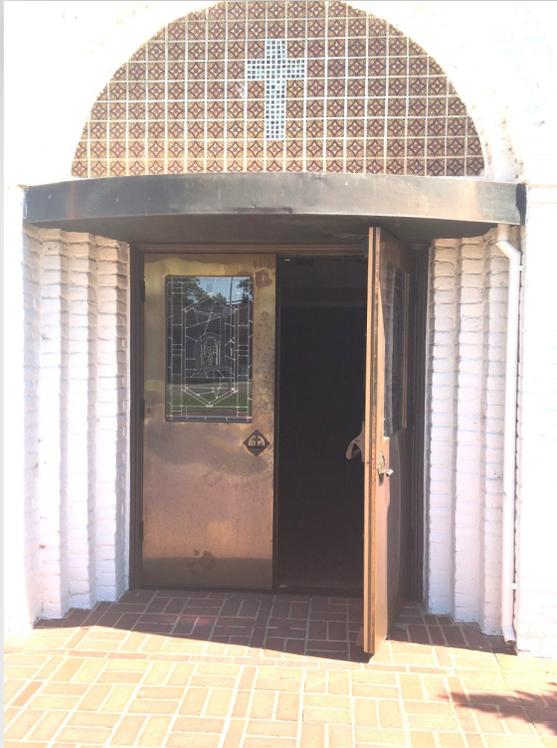
*(Continued from page 1)*

Even as restrictions ease, we continue to address the Sanctuary's 45-year-old heating, ventilation, and air conditioning (HVAC) system which failed last spring. Early last summer, your church Administration Division began evaluating repair and/or replacement options and concluded that seeking a long-term solution rather than a quick fix was best, which meant not only replacing the air conditioning unit, but also the 70-year-old radiant heat system. They also decided to take this opportunity to install an air filtering system to ensure clean, safe air for worshipers.

To this end, Administration Division members consulted with mechanical and structural engineers in addition to HVAC contractors.

After receiving a plan and soliciting bids, your Administration Division selected ACCO Engineered Systems. ACCO has applied for permits from the County of Sacramento and we are awaiting their approval. Once that happens, work can begin right away. We hope to begin the installation process in July with completion later this summer. Of course, as with any major con-

struction project, we expect the unexpected and anticipate some delays along the way.



*Your gift to the Sanctuary HVAC project brings us one step closer to welcoming all once again into our Sanctuary doors.*

***This project will cost about \$80,000.*** Your Session has identified several funds that can be used for this project, including \$25,000 in previous giving for equipment replacement. *With your generous help, we can avoid depleting those funds and keep them available for other facility improvement needs.* With a nearly 100-year-old campus, repairs and improvements are always needed!

Many of you received a letter in mid-June asking you to ***prayerfully consider a gift to the sanctuary HVAC project.*** If

you didn't receive a letter and would like one, please contact the church office.

The faithful generosity of CPC's members and friends over the years has provided abundantly for the creation, care, and renovation of our beautiful campus while continuing to support our annual budget. Once again, we need your financial support so that we can safely and comfortably worship our Lord in our Sanctuary.

Making a donation is easy! Use a credit or debit card at [www.carmichaelpres.org/donate](http://www.carmichaelpres.org/donate). Click on the green "Donate Now" button, enter the amount you'd like to give, select "Sanctuary HVAC System," and provide your card information on our secure site or you can send or bring in a check payable to CPC with "Sanctuary HVAC" in the memo line. ***Please send your gift by July 11.***

Donations of any size are a blessing. And, as always, we ask for your prayers as we embark on this project. If you have questions about the process or about making a contribution, please contact one of us.

Blessings,

*Pastor Keith L. DeVries,*

*Pastor Juan N. Herman,*

*Elder Jim Hill*

*Elder Laura Janik*

# Afghan Refugee English Language Program

It seems so long ago that we hosted Afghan refugee moms to learn English and provide childcare for their Pre-K children at CPC. And now looking forward, it seems so amazing that World Relief Sacramento is ready to resume in-person English as a Second Language (ESL) classes for



Afghan refugee moms at CPC in September, and we'll again provide childcare and educational enrichment for their kids.

As we work out details, we will be reaching out to you and to friends of CPC to volunteer in our ESL efforts. There will be opportunities for you to assist the World Relief English teachers, to provide childcare, and to support the program with

financial donations and in-kind donations like snacks or crafts. If you know someone you think might be interested in volunteering, feel free to

reach out to them. It's fun to volunteer with friends. The program will be offered in-person twice a week from 9:pp a.m.-11:30 a.m. in the CPC Pre-K rooms. World Relief will also provide an on-line supplemental class once a week to ensure that the moms are computer savvy. Every mom will receive a loaner laptop to help in her learning.

World Relief will require teachers, volunteers, and adult

students to be vaccinated to maximize safety for all. As **Pastor Keith** recently preached, getting vaccinated is showing love – love for yourself, for your family and friends, and for our community. On that note, CPC recently co-signed an application by World Relief for a grant to do pop-up COVID-19 vaccination clinics for refugees, and World Relief got the grant! At least one of their clinics will be at CPC. As soon as the clinic provider is selected, we will learn more about how the clinics will be run and what our role can be. Love in action!!!!

If you have any questions or feel called to volunteer, please don't hesitate to contact **Kathy Lewis** at [kathyblewis@att.net](mailto:kathyblewis@att.net).

## In Our Church Family

Please lift up in prayer these members of our church family who have recently lost loved ones:

- ✠ **Dee Irwin** and family on the loss of her husband, **John Irwin**, on May 28.
- ✠ **Mel Majesty** and family on the loss of his wife, **Bettye Majesty**, on May 29.
- ✠ **Jay & Laura Leek** and family on the loss of Jay's mother, **Jane Leek**.



### THE MISSION BELL (USP 593-640)

Published Monthly by  
CARMICHAEL PRESBYTERIAN  
CHURCH  
5645 Marconi Ave.,  
Carmichael, CA 95608

Periodicals Postage Paid at  
Carmichael, CA 95608

Postmaster send address  
changes to:  
*Mission Bell*  
5645 Marconi Ave.  
Carmichael, CA 95608

# What My Grandmothers Taught Me:

Learning from the Women in Matthew's Genealogy of Jesus by Merryl Blair

by Lisa Benadom, Spiritual Life Chairperson

Recently I have noticed an increased interest in wanting to know more about our family history. Most of us can remember stories told to us by family members. These stories may be amusing, inspirational, and sometimes heartbreaking but they all help shape us just as much as the DNA of our ancestry help shape us. Through these stories we may feel connected to family members we never got to know or, in some cases, never met.

In this year's PW Bible study we are invited into the family stories that helped shape Jesus. Specifically we look at the Gospel of Matthew and the women who are mentioned in Jesus' family tree. How might young Jesus have felt as he heard about his family? What might have he thought as he heard stories about Tamar, an outsider who outwitted Judah; Rahab, a prostitute whose fidelity and intelligence helped the Israelites enter safely into the Promised Land; Ruth, whose love

towards her mother-in-law brought about salvation for the family line of David; Bathsheba, a woman defined by her relationship with men who, nevertheless, managed to find her own power; and his

mother Mary, the young unmarried girl who, with Joseph, risked disgrace and abandonment to say "Yes!" to the Holy Spirit. The Gospel of Matthew has

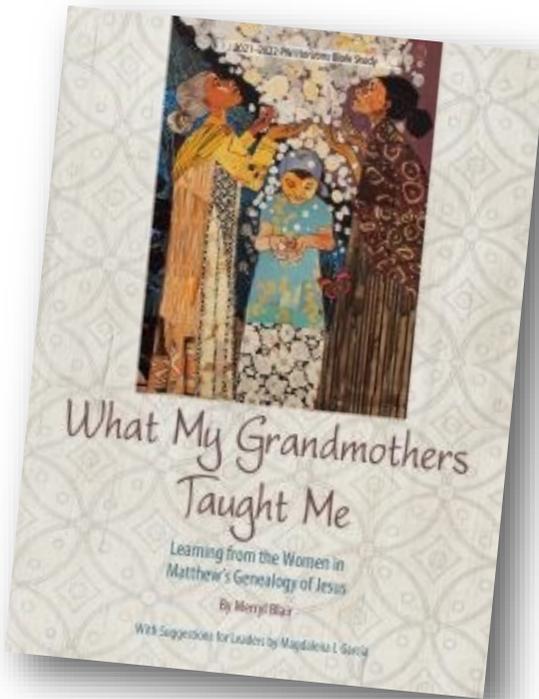
named these women for a reason. The study will help us examine those reasons.

Throughout the study we will be asked about our own family stories. What do you know about the history of your family? Are there any skeletons in the closet? Which stories are told with pride? Did your ancestors struggle to survive? What lessons might they have hoped to pass down to you?

Intrigued? Want to learn

more? Join us! PW Circles meet September through May, on the third Thursday of the month, however YOU DO NOT NEED TO BE A MEMBER OF PW TO PARTICIPATE IN THE BIBLE STUDY! A pastor-led Bible Study is held on the second Thursday of each month at 9:30 a.m. via Zoom and it is also recorded for those who want to watch later. One exception – September. On September 16 (time to be determined) there will be a kick-off event in McMillen Hall where Pastor Keith will lead us all in Lesson 1. Study guides cost \$12 each. To purchase one, contact me, **Lisa Benadom** at [lbenadom@comcast.net](mailto:lbenadom@comcast.net) by July 16 and I will be happy to make arrangements to get a copy to you.

Questions about PW Circles? You are encouraged to contact our circle leaders: **Bonnie Hard** (Naomi Circle) at [b22751h@gmail.com](mailto:b22751h@gmail.com), **Kathy Daigle** (Mary Martha Circle) at [kathydaigle@comcast.net](mailto:kathydaigle@comcast.net), or **Lisa Benadom** (Mary Martha Circle) at [lbenadom@comcast.net](mailto:lbenadom@comcast.net).



# Compassion

by Misty Dunn, Stephen Minister/Leader

**“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.” (Colossians 3:12)**

*Compassion: Deeply sharing the suffering of another, together with the inclination to give aid or support...*

As we look at Jesus’ suffering, death, and resurrection, we observe the ultimate example of compassion. Jesus calls us to follow his example and to be deeply concerned for one another. We sometimes think that means we have to do great things to be like Jesus. However we can, like Archbishop Desmond Tutu has said, *“Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world.”* So no, we don’t have to do great things or have much money to show compassion and kindness to others. We only need to share *ourselves* to alleviate suffering or enrich someone else’s life. We can offer a kind word, a listening ear, an encouraging smile, a home-cooked meal, a thoughtful gesture, or simply, our time.



CPC has many ministries filled with compassion – Stephen Ministry is one of these. Stephen Ministry provides a haven where those in need of compassion can receive it in a confidential relationship with a Stephen Minister. It also is one that provides compassionate Christians with a place where they can use their gifts as a Stephen Minister.

*What is a Stephen Minister?*

A Stephen Minister is...

a child of God who walks beside a hurting person

a caring Christian friend who really listens, without judgment

a lay person who has received 50 hours of training in how to provide distinctively Christian care

A Stephen Minister is NOT...

a counselor or therapist

a problem solver

a casual visitor

Who can benefit?

Anyone going through life challenges or difficulties

Anyone whose health or relationships are suffering

Anyone who needs someone to care, listen, pray, and share God’s love with them on a one-to-one confidential basis

God is always there to help us endure whatever challenges are confronting us! There are many ways God might help us get through our difficulties – one of them could be by providing a Stephen Minister to help. If you or someone you know could benefit from the care of a Stephen Minister, you can talk to **Kelly Holland**, our Stephen Leader who coordinates referrals, to one of our pastors, or to any of our other Stephen Leaders: **Mary Thomas**, **John Wallace**, **Misty Dunn**, or **Len Tozier**.

# Scuttlebutt

## News from CPC's Mariner Ships

### Clipper Ship

Skippers: Gary & Charlene Lee & Thelma Wever

everyone finally relaxed without having to wear masks for a much missed get together.

voaked a spirited discussion. **Thelma Wever** and **Charlene Lee** talked about how rewarding the work of the deacons is and encouraged everyone to gain the experience. **Charlene Lee** closed the meeting and wished the crew happy sailing to home waters.

### Companionship

Skippers: Hal & Sharleen Millering

### Friendship

Skipper: Monica Dahlberg

### Holy Scow

Skippers: Paul & Lynn Shultz

### Lifeboat

Skipper: Anne Parker

### Nautilus

Skippers: Emily Moulton, Carol Misquez, and Jane Swenson

### Skipjacks

Skipper: Margo Scandella



What do you do when your planned program falls through? Punt, or go to Plan B.

That's what **Debbie Cameron** did at our last Zoom meeting when Supervisor Rich Desmond cancelled two days pri-

*(Continued on page 7)*



**Gary Lee** collected dues and the meeting was turned over to **Jim Hill** for an update on church news. Jim explained that a new HVAC system will be installed

in the sanctuary sometime this summer.

A lively conversation ensued on the history of the church with an emphasis on politics, faith and social justice issues. Jim brought up the church's mission statement of "welcome all" which also pro-



*Clipper Ship members enjoyed an outdoor in-person gathering at the home of Gary & Charlene Lee.*

The good ship Clipper plowed through the receding pandemic waters into Gold River for a rendezvous at Skipper Lee's beautiful outdoor patio for a vaccinated, maskless, non-social distancing good time. Goodies and refreshments were served, and

# ... Mariner News ...

(Continued from page 6)

or to our meeting because of graduations. So instead, we enjoyed an armchair tour of Paris with Rick Steves. Some of the highlights took us to:

- 1) the Eiffel Tower, erected to celebrate the 100<sup>th</sup> anniversary of the French Revolution,
- 2) Notre Dame Cathedral, built on the site of a Roman temple,
- 3) Orsay Gallery, a former train station,
- 4) Latin Quarter on the Left Bank,
- 5) Montmartre with its white Sacre Coeur church,
- 6) Champs-Elysees and Arc de Triomphe

Several Skipjacks had traveled to Paris before and recounted some of their experiences.

It was decided to hold our next meeting on July 2 in the Gathering Place in person, as we are all vaccinated. We will ask Supervisor Desmond again, but there will also be a Plan B. Our July outing will be a brunch on July 24 at the Flower Farm in Loomis.

The slow but sure release of the virus has allowed many of us to travel to be with family and friends. We continue to hold in our prayers those of our mates that could not make our meeting.

# Notes of Thanks



Thank you so much to all in my church family who have surrounded my husband and me with thoughtfulness, caring, and compassion after my recent health scare. Your cards, calls, visits, meals and, most of all your prayers, have sustained Dave and me. No matter what the future holds I know that God is with us. My heart is filled with gratitude.

Your Sister in Christ,

*Lisa Benadom*

I want to thank everyone for the prayers, sympathy cards, prayers, and meals you all provided me with Jack's passing. He thought of you all as church family!

Love,

*Carolee Roach*

# Contact Us



### by phone:

CPC Office	916-486-9081
Health Ministry	916-486-0604
Stephen Ministry	916-486-0604
Food Closet	916-483-9232
Fax	916-486-3771

To leave a voice mail message, dial 916-486-9081. When the machine answers your call, dial the person's extension.

Keith DeVries	203	Paul Shultz	205
Ivan Herman	202	Karen Gray	201
Julie Ueltzen	200	Lisa Torgerson	204
Randy Benfield	208	Ron Morris	206

### via e-mail:

Keith DeVries	<a href="mailto:keith@carmichaelpres.org">keith@carmichaelpres.org</a>
Ivan Herman	<a href="mailto:ivan@carmichaelpres.org">ivan@carmichaelpres.org</a>
Randy Benfield	<a href="mailto:randy@carmichaelpres.org">randy@carmichaelpres.org</a>
Julie Ueltzen	<a href="mailto:carmichaelpres@gmail.com">carmichaelpres@gmail.com</a>
Karen Gray	<a href="mailto:karen@carmichaelpres.org">karen@carmichaelpres.org</a>
Paul Shultz	<a href="mailto:paul@carmichaelpres.org">paul@carmichaelpres.org</a>
Ron Morris	<a href="mailto:ron@carmichaelpres.org">ron@carmichaelpres.org</a>
Lisa Torgerson	<a href="mailto:lisa@carmichaelpres.org">lisa@carmichaelpres.org</a>

Or link to email through our website: [www.carmichaelpres.org](http://www.carmichaelpres.org)

**CARMICHAEL PRESBYTERIAN CHURCH**  
5645 Marconi Avenue  
Carmichael, CA 95608-4423

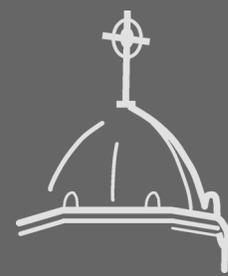
Periodicals Postage  
Paid at  
CARMICHAEL CA  
95608

## TIME VALUE MAIL

## Our Mission

*Responding to God's love through Jesus Christ, we:*

- *Welcome all*
- *Nurture relationships*
- *Grow in faith together*
- *Connect with and serve our community and the world*



## Our Staff

Remembering that the members of Carmichael Presbyterian Church are the ministers and missionaries of our faith community, our Pastoral Staff and Support Team provide leadership and specialized ministries.

**The Rev. Keith L. DeVries**

**The Rev. Ivan N. Herman**

**Randy Benfield,**  
Director of Music

**Trina Spivack,** Accompanist

**Jenny DeVries,**  
Contemporary Worship  
Leader

**Tammy Sigl,**  
Interim Bell Choir Director

**Lisa Torgerson,**  
Children's & Youth  
Ministry Director

**Paul & Mary Camozzi,**  
Childcare Providers

**Karen Gray,**  
Pastors' Secretary

**Julie Ueltzen,**  
Church Secretary

**Paul Shultz,**  
Financial Administrator

**Ron Morris,**  
Maintenance Manager

**Christian Bolen,** Custodian

**Lisa Levering,**  
Wedding Coordinator



## MISSION BELL DEADLINES

**July 12**

for the August newsletter

**August 9**

for the September newsletter



Submit articles to: Amy Lerseth, *Mission Bell* Editor at [amylerseth@buzzoates.com](mailto:amylerseth@buzzoates.com)

***Please avoid sending submissions in ALL CAPS.***  
Your editor thanks you!