



2022 Annual Report

Carmichael Presbyterian Church
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2022 Session

Linda Hatch, Clerk of Session

The Session of Carmichael Presbyterian Church serves as the governing body of the local church. As guided by the current Bylaws, the Session is composed of the Pastor (Minister of the Word and Sacrament) who serves as Moderator, the Associate Pastor (Minister of the Word and Sacrament), fifteen Ruling Elders elected annually by the congregation to serve three-year terms on a rotating basis and the Clerk of Session who also serves as the Secretary of the Congregation.

The Session is organized as a unicameral system which is a single board of church administration. It is responsible for the mission and government of the Congregation. The Session met during 2022 for eleven regular meetings and three special meetings. Session Highlights were published in the church newsletter, *The Mission Bell*.

A quorum of Ruling Elders attended the Annual Meeting of the Congregation. CPC Pastors (Two Teaching Elders) and up to four Ruling Elders represented the Congregation at four Stated Meetings of the North Central California Presbytery via Zoom.

Ministers of the Word and Sacrament and Ruling Elders who served on other governing bodies of the church in 2022 included:

Minister of the Word and Sacrament Keith DeVries, Administrative Commission
Ruling Elder Doris Beckert, Resource Center
Ruling Elder Mary MacDonald, Chair, Subcommittee on Vitality in Ministry
Ruling Elder John Wallace, Mission Support Committee
Deacon Whitney MacLean, New Ministry Initiative Committee

2022 Members of Session

Class of 2022	Class of 2023	Class of 2024	Class of 2025
Bill Dunn	Clint Dahlke	Maria Brow	Allison Cagley
Jim Hill	Tracey Dron	Lynette Ledesma*	David Mathews
Kathy Lewis	Hal Holland	Bill Pace	Lara Moborez
Beth Lindley	Laura Janik	Anne Parker	ElizaBeth Phillips
Branden Rodgers	Rae-Nani Stokes	Terryl Summers	Kathy Phillips
Garrett Torgerson		Bob Curtis	

*Resigned

2022 Officers of Session

The Reverend Keith L. DeVries, Moderator
The Reverend Ivan N. Herman, Associate Pastor
Ruling Elder Linda Hatch, Clerk of Session and Secretary of the Congregation
Ruling Elder David Studer, President of the Corporation
Ruling Elder Tim Farley, Treasurer of the Congregation
Ruling Elder Sharon MacLean, Assistant Clerk
Deacon Kathy Lewin, Assistant Clerk

2022 Divisions of Session (Beginning June 1, 2022)

Church Administration

Laura Janik, Chair
Bill Pace
Allison Cagley

Education

Tracey Dron, Chair
Terryl Summers

Fellowship & Nurture

Maria Brow, Chair
Lara Moborez

Mission

Dave Mathews, Chair
Bob Curtis
Hal Holland

Worship

Clint Dahlke, Chair
Kathy Phillips

Membership & Outreach

Anne Parker, Chair
Rae-Nani Stokes

Nominating Committee

ElizaBeth Phillips, Moderator

2022 Board of Deacons

Officers

Moderator: Kathy Lewin
Vice-Moderator: Deb Sweetman
Secretary: Barbara Laughton
Treasurer: Ernie Chard

Class of 2022	Class of 2023	Class of 2024	Class of 2025
Doris Beckert	Bonnie Hard	Thamsyne Brown*	Debbie Cameron
Ross Hewitt*	Jennifer Auld	Marsha Cook	Charlotte Frink*
Priscilla Mauerman	Lisa Benadom*	Misty Dunn	Dick Frink*
Hal Millering	Ernie Chard	Bette Johnson	Carol Honnold
Sharleen Millering	Lillian Janik	Janet Olson	Priscilla Mauerman
Craig Morris	Barbara Laughton	Deb Sweetman	Erin Pace
Clark Smith	Kathy Lewin	Mary Thomas	Caron Treon
	Terry Sakuda	John Wallace	
	Christina Tomlinson		

* Resigned

2022 Journey to the Church Triumphant

With sadness of heart we have said “good-bye” to some of our members who were taken in death. We met to affirm our faith, celebrate the hope of the Resurrection, and commit each to the care and keeping of our Lord until such day as we shall be reunited in the presence of Christ. We give thanks to God for having shared in the lives of the following people:

Nancy Long, December 2021
Dennis Marks, January 10
Mike Aretsky, January 28
Dave Segur, February 3
Judi Flint, March 18
Carolyn Burbank, April 1
Charlene Bergsten, May 2
Mary Torgerson, June 18
Jerri Pefley, August 4
Charleen Lee, September 26
Alice Hill, October 1
Don Simons, November 17
Jim Warren, December 10
Barbara Moore, date unknown

2022 Statistical Report

Linda Hatch, Clerk

Membership Roll

Active Members December 31, 2021		497
Gains		
Total Gains		13
Losses		
Certificate of Transfer	2	
Death	14	
Other	1	
Total Losses		-17
Active Members, December 31, 2022		493
Female Members	312	
Male Members	178	
Child Baptism	2	
Adult Baptism		
Youth in Congregation		
Age 4 and under	7	
Elementary School (K-5 th)	23	
Middle School (6 th - 8 th)	27	
High School (9 th – 12 th)	31	

Other Statistics

Average Sunday Worship Service Attendance 253 which includes in-person and live-stream.

Weddings Officiated by our Pastors: 1

Graveside and Memorial Services

Members: 12

Non-Members: 6

Communion Services

15

Communion Services to Homebound

8

2022 Staff Reports

Pastor Keith L. DeVries

2022—and COVID is still with us...

Throughout 2022, there were glimmers of hope that life in the church was beginning to return to some new definition of normal as we moved forward in our life together as members and friends of Carmichael Presbyterian Church. Some of the ways that we moved forward into God's future at CPC in 2022 were:

- Officially moved to a single worship service with a blended music style. This action by session recognized that our online worshiping presence is increasing, while in-person worship attendance has settled in. We typically have between 120-150 in the sanctuary for worship on Sunday mornings and between 30-50 live streaming. In addition, we can have up to 200 views during the week, meaning that people are checking out our worship services at other times during the week as well.
- We experienced a turnover in our music staff as several of our long time and much appreciated musicians said goodbye after years of faithful service. Thank you, Paul, Trina and Randy. Those positions were filled by Matthew Major, Michael Schwab, Rick Schlosser and Keith Atwater. They have been very helpful in bringing their talents to our new blended style of worship.
- Session acted on a recommendation by our Inclusion Task Force to affiliate with the Covenant Network of Presbyterians, aiding our efforts to become more inclusive of the LGBTQIA+ community and their families. This is a continuation of our efforts to be a more welcoming community, clearly stated in our church's mission statement, *"Responding to God's love through Jesus Christ, we: Welcome all, Nurture relationships, Grow in faith together, Connect with and serve our community and the world."*
- We updated and improved our website to facilitate more opportunities to engage the community and the world. Check it out if you haven't already done so at www.carmichaelpres.org
- This past December we officially began our countdown to 100 years as we prepare to celebrate our centennial with guest preachers, gatherings with old and new friends, musical events, and a grand celebration on the weekend of December 2&3, 2023. **Don't miss it!**

I continue to be blessed and inspired by all of you as you ***"do justice, love kindness, and walk humbly with our God."*** It has been my joyful privilege to be your pastor for the past 21+ years and I look forward to what God has in store for us as we journey together into God's future.

May the blessings of God's peace be with you,
Pastor Keith

Pastor Ivan N. Herman

“Sing to the LORD a new song.” (Ps 96:1)

A few years ago, I took up a practice of yoga to stretch before and after a ride on my road bike. It is an individual practice, so you're not likely to find me in a yoga studio or exercise room with mirrored walls (though I have done communal yoga a few times with preaching colleagues, led by a new worshipping community pastor here in Sacramento). While my yoga practice started as a muscle stretching routine, I quickly learned to connect my movements with my breath – deep, intentional breath of the kind that focuses the mind and calms the heart. This deep breathing was my gateway into more intentional contemplative practices like centering prayer and guided meditation and has led me to next steps of a Doctor of Ministry program (that I hope to complete in 2024 or 2025) that is helping me explore the connections of spirituality and social justice activism.

While you, dear reader, might think you do not have much experience with contemplative prayer practices, you probably know more about it than you realize. That's because you probably sing. Unless you are at a sporting event, the only time most folks sing with others is when they worship together. Beloved hymns, choral anthems, and contemporary praise songs all require an intentional breath practice, and when in worship, our songs are a form of congregational prayer.

When we sing together, we inhale and exhale at the same time. This process of respiration naturally causes a change in the amount of time between heart beats. Our hearts beat faster when we inhale, and when we exhale slowly our hearts beat more slowly. This variability is a natural condition called respiratory sinus arrhythmia (RSA). This biological response shows a weak correspondence during natural or normal breathing patterns, but the amplitude of heart rate variability increases when there is guided breathing, such as the under conditions of sustained exhalation such as what happens during singing, yoga, or chanting.

A 2013 study by Björn Vickhoff and his colleagues at the University of Gothenburg in Sweden examined this connection between heart rate variability and singing. They found that as people breathed and sang together the heart rate variability of the singers began to synchronize. The study proves what many of us already know or have experienced to be true: singing is a way of creating connections both visceral and spiritual, forming an internalization of purpose and intent. In other words, singing together is a unifying force that directs our action in the world. Ruth Duck says it like this in her 2021 book *Worship for the Whole People of God*, “In transcendent moments the blending of our voices reveals our identity with the communion of saints... When worshipers go their separate ways into the world, the words and music we sing adhere to our souls and remind us of God's presence and call wherever we may be.”

As we prepare to celebrate the 100th anniversary of Carmichael Presbyterian Church, we also celebrate that our hearts beat in synchrony with a great communion of saints across time and space that forever sing to the glory of God's name. May our singing and music, both ancient and new, unite and strengthen us for the holy work of justice and peace that God dreams of for all God's children.

2022 Pastoral & Support Team

The Rev. Keith L. DeVries
The Rev. Ivan N. Herman
Randy Benfield, Director of Music (through February 2022)
Gayle Litz, Interim Music Director (April through October 2022)
Keith Atwater, Director of Music (as of October 2022)
Rick Schlosser, Organist (as of October 2022)
Jenny DeVries, Handbell Choir Director (as of September 2022)
Trina Spivack, Accompanist
Lisa Torgerson, Children's & Youth Ministry Director
Mary Camozzi, Childcare Provider
Paul Camozzi, Childcare Provider
Karen Gray, Pastors' Secretary
Julie Ueltzen, Church Secretary & Wedding Coordinator (as of July 2022)
Paul Shultz, Financial Administrator
Ron Morris, Maintenance Manager
Christian Bolen, Custodian
Gabe Bisho, Contemporary Worship Pianist
Will Condrey, Contemporary Worship Drummer
Paul Zeman, Contemporary Worship Guitarist (through July 2022)
Michael Schwab, Contemporary Worship Guitarist (as of August 2022)
Matthew Major, Contemporary Worship Bassist (as of August 2022)
Noor Bitar (as of July 2022), Michael Gray, Avonlee Janik, Josh Keaney (as of August 2022), Bruce MacLean, Steve Parker, Jeremy Sparks (through June 2022), and David Stoffel (as of August 2022), Audio/Visual Technicians
Lisa Levering, Wedding Coordinator (through October 2022)

Pastors' Secretary

Karen Gray

Church office staff continued providing in person and remote support for CPC's pastors, session, committees, ministries, and programs in 2022. For the first time since 2019, the church office was open five days a week, all year long, with most staff able to work remotely at least one day per week. The office being open also meant our campus was open for in person services, meetings, and activities once again. The campus calendar was quite full! In addition to managing the campus calendar, church staff also managed CPC's Zoom calendar, as the lingering pandemic meant that many groups preferred to meet remotely.

New in 2022, CPC purchased an "Owl" system that allows us to have hybrid meetings – both in person and on Zoom. The multi-camera, multi-screen system lets everyone meeting in person interact with those Zooming in and lets those Zooming in see and hear those in the meeting room. Session, Deacons, Bible study groups, and church staff have used the "Owl" to include as many people as possible.

Sign-ups for Sunday flowers, worship leaders, and Christmas Gift Ministry moved online, with church staff available by phone to help those who aren't comfortable on a computer. A new copier and revamped CPC website were also introduced in 2022.

In all the ups and downs of the year, the office staff have seen God’s grace manifest in the relationships built, visitors greeted, assistance offered, and prayers lifted every day. We are grateful for our CPC community, our office “family,” and all the hands and feet who help keep the office and our church campus ready to serve God’s people.

Volunteers:

Offering Counters:

Bob Bergsten
Bill Dunn
Tim Farley
Carol Jones
Terry Sakuda
Len Tozier

Office Volunteers:

Lisa Levering
Thelma Wever

***Mission Bell* Newsletter Staff:**

Amy Lerseth
David Gray
Stephen Gray

Maintenance Manager

Ron Morris

For a brief glimpse into a week at CPC, here are some of the projects that occur on a weekly basis:

- Attend weekly staff meetings
- Purchase cleaning and paper products for the kitchen and bathrooms
- Maintain the HVAC, plumbing and electrical throughout the campus
- Check the campus daily for trash, items out of place, etc.
- Attend Buildings & Grounds meetings
- Supervise and support custodial staff
- Contact subcontractors for repairs when needed
- On-call if needed for emergencies

Some of the larger projects for 2022 included:

- Performed repairs on lights and electrical outlets from frequent vandalism
- Ensured that any problems that interfere in the operation of the church are resolved
- Helped maintain the operation of the Food Closet when needed
- Repaired broken windows when needed
- Maintained sprinkler system & performed repairs when necessary
- Assisted with supervision of county work crews
- Assisted in property cleanup and dump runs with dump trailer
- Monitored cameras for transient traffic & called Security when needed after hours
- First responders to alarm calls
- Installed of a new fountain near the church office

2022 Church Administration Division

Laura Janik, Chair

The Administration Division is charged by Session with the responsibility for:

- Challenging us with the privilege of responsible Christian stewardship of money, time and talents. Informing the Congregation of financial needs and presenting a Stewardship Pledge drive annually.
- Developing the annual budget and assuring that all offerings are used for the purposes for which they are contributed. Working with Session to formalize the annual budget.
- Providing the administration of the church's programs, including the employment of staff, and administer issues of day-to-day operation such as utilities, insurance, etc.
- Providing for the management of the property of the church.
- Much of the Division's work is carried out through 4 standing committees:
 - Buildings and Grounds
 - Personnel
 - Stewardship
 - Financial

The Current members of the Administration Division are:

- Laura Janik, Chair and Stewardship Elder (2023)
- Allison Cagley, Finance Elder (2025)
- Bill Pace, Personnel Elder (2025)
- Tim Farley, Chair, Buildings and Grounds

Session has also established committees that report to Session through the Administration Division. Each of these Committees is making a separate report of its activities in this annual report if activities this year warrant. These committees include:

- Gifts and Bequests Advisory Council
- CPC Web Task Force (Ad Hoc)

Pastor Keith DeVries provides staff support to the Administration Division and each of its committees. Our Financial Administrator, Paul Shultz, provides ongoing support and assistance on financial matters.

Brief Overview of Actions and Activities for 2022

- The 2022 CPC annual budget was submitted to Session and approved in January 2022. At the end of the 2022 fiscal year, the 2022 operating budget had a surplus which is added to the CPC operating reserve account.
- The Stewardship Elder and the Stewardship Team prepared an outstanding 2023 Stewardship pledge campaign that was compelling in showing the quality of programs at CPC and the need for their continuing financial support. Sufficient pledges were received to create a balanced budget.
- The Carmichael Water District is currently using its easement to remove and replace the water tower located behind CPC. This work is nearly completed.
- The CPC Web Task Force has launched the new web site with the assistance of Landslide Creative; it has received positive feedback. The Task Force will review all requests for edits and new content during the second quarter of 2023. The Task Force members include Bill Dunn, Karen Gray, Jim Hill, Kathy Lewis, Laura Janik, Lillian Janik, Steve Parker and Paul Shultz.

- Administration Division (with Session approval) renewed the rental agreement with the North Central California Presbytery for October 1, 2022 - September 30, 2023.

Buildings & Grounds

Tim Farley, Chair

We continued in 2022 to utilize the County Sheriff's work crew one day each month. On the fourth Saturday of the month the supervised crew of about 25 individuals worked on our list of cleaning, maintenance, and groundskeeping tasks. It is our hope to have a combined congregation/County workday in 2023.

Under the general sponsorship of B&G, a Parking Lot Task Force continued to develop a plan to redo the back parking lot.

Ron Morris and Christian Bolen continued to provide maintenance and custodial care during the year. Their presence and attention to issues that arose is acknowledged and appreciated.

Parking Lot Task Force

Tim Farley, Chair

The Parking Lot Task Force (PLTF) had its first meeting in June 2021. Our timeframe then was loosely based on the Carmichael Water District's replacement of their water tank. Their project was then slated to finish in Summer 2023, and there was an expectation that they would use some of CPC's parking lot or Bucknam Field during their construction. At this time they appear to be near completion.

From a design perspective, we began with a concept of creating a new parking lot that would eliminate our "lakes," improve the planters, and replace some of the dead or dying trees. An on-site meeting with a certified arborist changed our perspective.

She suggested that we should step back and create a new vision – of a green parking lot with attractive landscaping and environmentally sustainable design elements. Some of those elements are maximum shading and greening, minimum heat creation, naturalized draining, use of pavements that infiltrate, and the use of efficient lighting. We took her suggestion and adopted a "green" approach.

Currently, our physical concept of the parking lot consists of 3 double parking rows (running east-west like now) and a single one next to Bucknam Field. The double rows would be divided lengthwise by a bioswale area containing low vegetation and trees. The single row would be considered overflow parking.

There are existing stairs from the parking lot down to the area behind the church and it was pointed out to us early-on that we should now have a ramp for access for those using canes, walkers, or wheelchairs or anyone else with mobility issues. It would be situated near the existing stairs. This will be part of the parking lot project, but a detailed design has yet to be decided.

We will have new LED lights designed specifically for parking lots. These kinds of lights are efficient and have a lot of flexibility to focus where light needs to be (and not where you don't want it). We will let the contractor suggest the specifications and placement of the lights.

CPC has experienced issues of trespassing, camping, drug sales and use, and theft and vandalism on the church property, especially in the back parking lot area. For that reason, we are looking at options to gate and fence the back area.

Although we have many details yet to be completed such as finalizing the design and layout of the parking lot, finishing soils testing, identifying and selecting contractors, and firming up funding sources, we hope to have a new parking lot in place in 2023.

Gifts & Bequests

Bill Dunn, Chair

The Gifts and Bequests Advisory Council (GBAC) was established by Session to oversee actions concerning memorial gifts and bequests to CPC, endowments that benefit CPC, and to advise Session on the appropriate use of those gifts and bequests. GBAC publishes information in the Mission Bell regarding gifts and bequests so that our congregation will know who has been remembered with memorial gifts and how our members may use a variety of gifting vehicles to remember CPC. The current members of the GBAC are Bill Pace, Bill Dunn, ElizaBeth Phillips, Len Tozier, Glenda Perrou, and Patty Peterson.

In 2022, memorial gifts were received in memory of members of the congregation and other relatives or friends. The receipt of these gifts is published every 3 to 6 months in the Mission Bell. In addition to the undesignated memorial gifts noted in the chart below, memorial gifts of \$7,015 in total were designated for CPC Food Closet, Music Dept, Parking Lot, Centennial Celebration, Youth Ministry, Stephen Ministry, Bell Choir, and Mission Fund.

Gifts Financial Report for 2022

Account	Receipts	Expenses	Balance (12/31/22)
Capital Improvements (Benson)	5,040	29,557	141
Special Speakers/Programs	1,814	0	19,089
Khoobyar, designated for Adult Education	1,451	0	27,789
Landscape Fund	175	0	3,458
Hiller Music Bequest Fund	0	0	3,537
Undesignated bequests	0	0	179,735#
Undesignated memorial gifts	9,561	6,000	37,691
Undesignated gifts	0	318	21,238
CPC Reserve Fund	0	50,519*	258,946

*Does not include fourth quarter interest as we have not received 4Q reports yet

#These funds are being held for use in improving the parking lot.

Recommendations for expenditures during 2022 were as follows:

- Funds of \$318 were recommended to finish completion of the Sanctuary technology system. This was in addition to \$27,617 used from the Undesignated Gifts Account in 2021 to upgrade church office computers and the Sanctuary technology system.
- Funds of \$27,682 were expended to complete the HVAC purchase. These are funds above and beyond the funds donated by the congregation in 2021 for the HVAC purchase. The Capital Improvements

Account and the Undesignated Memorial Gifts Account were used for these expenditures. \$24,000 was recommended for this use in 2021 and the remaining balance of \$3,682 was approved in 2022.

- Funds of \$875 from the Capital Improvements Fund were recommended to pay for a consultant to design plans for the replacement of 5 additional heat pumps that were found to be deteriorated.
- Funds of \$7,000 were recommended for expenditure from the Capital Improvements Account to make Asphalt Repairs to the Parking Lot that needed immediate attention.

Also, in contemplation of CPC's 100th anniversary in 2023 the GBAC has created the Adobe Funds Legacy Program. The program's objective is to provide a lasting financial foundation for the mission and work of Carmichael Presbyterian Church for generations to come. We have also established the Adobe Family Circle which will recognize those individuals who include a gift to the Adobe Fund in their planned giving. The Adobe Funds will include several different ways you can leave a gift as a legacy for CPC. The GBAC will be implementing the Adobe Funds Legacy Program in 2023.

Personnel Committee

Dave Studer, Chair

CPC continues to be blessed by a staff that responds to challenges and opportunities. The work of the church continues with a dedicated staff that supports the many missions and programs of this congregation. We understand that we provide checks each month, as needed to eighteen employees. Some full time, and some that are only needed when certain events occur.

This past year we completed major changes to our Music Ministry with the hiring of a new Music Director and Organist, and also added new members to our Praise Music Team. We also have a committee working on hiring a Youth Coordinator that we hope to fill in the first quarter of 2023.

Our personnel manual is going through an update that should also be completed in the first quarter of 2023.

This past year we completed evaluations of our custodial staff, and plan on completing all staff evaluations this coming year. The Session in the 2022 budget provided \$5000 for staff appreciation, and those checks were sent out in December.

As a committee we are grateful to our staff that often make our job easy. Even during these difficult years, we have a lot to be thankful for.

Stewardship Committee

Laura Janik, Chair

Faith Comes Alive

For the 2023 Annual Pledge Campaign, the Stewardship Committee chose the theme Faith Comes Alive; celebrating the past and looking forward to the future. We created a video for the kick-off Sunday that highlighted the future while looking back at our past. The following three weeks, we highlighted our staff, the Program Ministries and the Mission Ministries with special speakers during the Minute for CPC segments in the church services.

The workgroup included Allison Cagley, Keith DeVries, Laura Janik, and Patty Peterson. With the help of our fabulous office staff, we sent letters and pledge cards to members of the Congregation. With the assistance of Avonlee Janik, we scripted and created the Kick-off Sunday video. We also wrote Mission Bell and Parish Notes articles, and made telephone calls.

The contributions as of December 21, 2022 are \$626,050 from 144 pledges. The Administration Division used these results to plan the CPC 2023 budget.

The Stewardship Committee and Administration Division thank you for your faithful financial support.

Columbarium Board

Bob Beckert, Chair

Current Board Members are Bob Beckert, Tony Perrou, and Linda Hatch.

Four (4) applications were received and approved. Total applications to date are 93 niches, or 47% of capacity.

Inurnments were held for: Viktoria "Viki" M. Tozier, Joan Gray-Fuson, Charlene Bergsten, David Segur, Diane Collison Sanford, and Charleen Lee.

Expenses were for nameplates, inurnment urns and other miscellaneous expenses.

2022 Christian Education

Tracey Dron, Chair

Lisa Torgerson, Children's Ministries Director

As active Disciples of Christ. Our Christian Education (CE) committee at Carmichael Presbyterian Church is committed to the following goals:

- To share knowledge of God's plan for our lives, using Bible-centered curriculum to study both the Old and New Testaments.
- To share Christ's plan for salvation, and to guide each child and adult into a personal commitment to Jesus as Lord and Savior. We trust that the Holy Spirit will lead and prepare each person to receive this gift.
- To guide children and adults to know they are loved by God and are special in God's sight.
- To help children and adults develop an awareness of their Christian responsibility to participate in the life and work of the church, and to serve God at home, in the community, and in the world.

Current CE Division members include:

Tracey Dron, Elder Chair

Terryl Summers, Elder

Lisa Torgerson, Director of Children's Ministries

Mary MacDonald, Sunday school teacher extraordinaire

In 2022 we finally saw things get back close to normal with the return of Sunday school, auction and mission trips. We put VBS off for one more year but will come back strong on July 10-14, 2023, with Ready, Set, Move!

Special Events

The annual **Planting Seeds of Faith** was back for 2022. We used the items that were held over from the 2021 auction as well as some new items donated by the congregation. We were fortunate enough to have Jackson Catering make the food again and so happy to be back for our first intergenerational event in two years. Thanks to everyone for helping raise \$20,000+ for the children and youth of CPC.

Vacation Bible School

(VBS) did not happen in 2022.

Harvest Festival

We were back this year with food, fellowship, and fun! We had over 20 cars participate in decorating their cars for the kids to trunk or treat. Hot dogs and vegetarian chili were on the menu and games and bounce houses outside. It was finally starting to feel like normal.

Earth Sunday

We celebrated Earth Sunday again this year and will continue to do our part as an Earth Care Congregation. We had youth speakers and lay people and will continue to build on this for years to come.

Advent Celebration

With the help of fellowship and Nurture, The Christian Education committee planned, cooked, and crafted with 14 families in December. The baked ziti and hot chocolate were a hit! Thank you, Mary Macdonald, our master crafter, for helping build the enormous craft that we made!

Ongoing Ministries:

Infant and Child Care was back for 2022 and we were so happy to have downstairs Mary and Paul back. Mary and Paul continue to lovingly provide childcare on Sunday mornings and Wednesday evenings. Many of our young children have first experienced the warmth of our church through these special “friends.” We continue to be blessed with Mary and Paul – they are the absolute best, and we aren’t sure what we would do without them.

10:00 am Children’s Ministries

We are very grateful for the volunteers who make this weekly ministry so successful. I would like to thank upstairs Mary and Paul for continuing to teach year after year and always supporting the kids of CPC. to Their ongoing work in teaching our children about God’s love and mercy through study of His word is a blessing to us all.

Stepping Stones of Faith

continues to celebrate milestones in the faith life of children and their families in our congregation. We are pleased to have Michael Gray and ElizaBeth Phillips as part of this teaching team. In 2022 these classes were taught in person after 2 years! Thank you both. We ended our year with senior quilt. This is one of our favorite things to do and we were so happy to have it back to in person. Thank you to Mary MacDonald for the beautiful quilts each year.



Youth Group/Sunday school

We continue to look for a new youth leader. Lisa talked to multiple people at Presbyterian Youth Association at her conference last week and we continue to advertise. We have also reached out to see what surrounding churches are doing for their mission trips this year to see if we can join a trip. We are trying to make something happen for 2023. The youth have been meeting for Sunday school with Caron Treon or Ivan Herman. Thank you for keeping the kids connecting until a new leader is found.

Mission Trips

In 2022, we were able to participate in both Middle and High School mission trips. The Middle School mission trip was led by Susan Herman and a small group of parents. They worked in the community garden, served at SOS, and picked fruit for the food closet. They ended their experience with an outdoor church service led Susan and Ivan Herman. Thank you, parents, for making this happen.



The High School group along with Lisa and Garrett Torgerson went to Zephyr Point where we cleaned up after the winter storms, raked up an absurd amount of pine needles, made a GaGa pit and ate glorious food prepared by Terryl Summers and Carol Honnold. It was great to be together again after so many months.



Library

Doris Beckert, Librarian

The library, along with the rest of the campus, re-opened in 2022. Hours of opening are: 9:30 to 11:30 am on Sunday, and other times by appointment.

Forty (40) books, both new and donated, were added to the shelves. Added to last year's figure of 3,635, and subtracting 6 withdrawn books, this makes a total of 3,670 books. The shelves are tightly packed with just a little room for additional books.

Seasonal décor was changed throughout the year. Several groups held their meetings in the library, and the staff held their weekly meetings. Individual use of the library was low. There are currently 5 books checked out.

A publicity paragraph was printed in the Parish Notes in May. Plans are to continue including articles occasionally in 2023..

I continue to assist in the Presbytery Resource Center by entering books into a new database, that utilizes new software. This long process will eventually become a searchable part of the Presbytery's resources.

2022 Fellowship & Nurture Division

Maria Brow, Chair

Mission: To enthusiastically care for the diversity of ages, needs, and interests within the CPC congregation and the Carmichael community by offering programs, services, and activities that build and support Christian fellowship.

Meets: The second Tuesday of every month via Zoom following the Divisions meeting. Interested persons are welcome to attend.

Oversees: Presbyterian Women (PW), Art Committee, Prayer Shawl Ministry, Stephen Ministry, Men's Prayer Breakfast (see separate reports on these), Wednesday Dinner, Coffee Fellowship, All Church Picnic, Family Advent Night, Mariner groups, Health Care Ministry and the *Directory of Adult Ministries*.

Attendees: Elders Maria Brow and Lara Moborez; Kathy Daigle for Art Committee and Presbyterian Women; Misty Dunn for Stephen Ministry and Prayer Shawl Ministry.

Wednesday Dinner (formerly Wednesday Works) resumed in September 2022 with Lynette Ledesma and helpers preparing and serving meals. F&N is working to get Mariner groups and others to help with the many tasks of Wednesday Dinner.

Coffee Fellowship has been held after the 10:00 a.m. service, primarily in the Gathering Place. F&N recruits Mariner groups to provide cookies or muffins for this weekly gathering.

All Church Picnic occurred on June 5, 2022, at Gibbons Park. F&N teamed up with Elder Anne Parker from Membership & Outreach Division to plan the event. The plan is to hold another picnic in June 2023.

Family Advent Night transferred from Membership & Outreach in exchange for Harvest Festival (as this is more of a community outreach gathering) and happened on December 3, 2022. Family Advent Night was a collaboration with Education Division's Lisa Torgerson and Mary MacDonald. It is uncertain if this event will occur in 2023 as the Centennial Gala is planned for the first weekend of December in McMillen Hall and F&N is involved with this celebration. It is anticipated that Family Advent Night will resume in 2024.

Health Care Ministry (HCM) needs healthcare professionals to volunteer to replace the Parish Nurse position. This ministry plans and promotes physical health and mental wellbeing opportunities. No HCM events were held in 2022 and none are currently planned for 2023.

Directory of Adult Ministries has been postponed the past few years. An online resource was considered for this directory, but the security of personal information was a concern, so this is not feasible. Future publication of directory to be determined.

Art Committee

Submitted by Lori Keeney

Our Art Committee had three Art Shows in 2022. The first one for the year began in April through June 2022 which was Fabric Art by artist Penny Hanscom. July through September were paintings by Dianne Mattar. October through December 2022 was about our the beautiful stained glass throughout our campus, mostly Old Testament and New Testament in the Sanctuary, with photography by Phil Mishler and the writeup by Jimmi Mishler. We offered a “Meet the Artist” day for each show and will continue to do this with each show. Sundays are chosen when there are no other large events in the Gathering Place or in McMillen Hall. The artists who wanted a “Meet the Artist” day were very pleased with this type of reception.

From our annual CPC Fellowship Sunday, the Art Committee received a few new members. The 2022 members were Kathy Daigle, Clair Daugherty, Sheila Mun Jacobs, Terry Sweeney, Joan McMurray, Patty Waggoner, Louissette Asmar, Lynette Ledesma, Patty Shaw, and Lori Keeney. Some members can only come to help hang a new show, but there are normally about eight who are always there to plan interesting and creative shows, while recruiting artists for new shows. We continue to discuss ways to find artists in our congregation and other artist friends of different medium, including youth art. In 2022, we worked with Karen Orlando to start planning art shows that are compatible with our 2023 Centennial celebration.

Men’s Prayer Breakfast

Tim Farley

Like many CPC activities in 2022, the Thursday Men’s Prayer Breakfast continued on Zoom. Instead of eating breakfast in a restaurant, we ate breakfast at home and met online at 8:30.

Our discussions continued to be loosely based on the Upper Room lesson for the date and the related scripture passages. Our lively conversations often included sharing personal stories, concerns and needs.

Our attendance in 2022 averaged about 8 persons each week. The Zoom “door” is always open to new participants. Call Tim Farley at 916-485-4309 for details.

Prayer Shawl Ministry

Carol Jones

Our prayer shawl ministry primarily met in person last year. We have 10 regular members who attend our meetings, or knit and crochet at home. New members are always welcome. We delivered 31 shawls last year. I continue to be the group leader.

Presbyterian Women (PW)

Carolyn McGregor, Moderator

Submitted by Margo Scandella

Presbyterian Women's (PW) Executive Committee (EC) held its first 2022-2023 meeting in May 2022. EC members were pleasantly surprised to hear Carolyn McGregor announce that she had volunteered to be our Moderator for the upcoming year and was eager to get PW going again and return it to what it was before COVID-19 hit us all. EC with great happiness unanimously approved that Carolyn would be our Leader and get PW ready for the new Bible Study that would start in September 2022.

EC members agreed to continue their former duties that they had and will continue through May of 2023. Those members include:

Carolyn McGregor – Moderator and Dorcas Circle Leader

Olene Chard – Secretary

Carolee Roach – Treasurer

Circle Leaders:

Dorcas - Carolyn McGregor

Mary Martha – Lisa Benedom and Kathy Daigle

Naomi – Bonnie Hard

Coordinator for General Mission – Bonnie Hard

Fellowship and Nurture Liaison – Kathy Daigle

Spiritual Life/Mission Bell Newsletter – Terry Sakuda

In August, a new draft of the 2022–2023 PW Handbook was presented to the EC which Olene Chard and Margo Scandella had put together. Additions and corrections were made and finalized so that it could be ready for the September Gathering. We had our Gathering in McMillen Hall on September 8, 2022. Pastor Keith gave us the Introduction and First Lesson to our new Bible Study, "Celebrating Sabbath: Accepting God's Gift of Rest and Delight" by Carol M. Bechtel.

During the summer months, David Vanderbout, Director of the choirs at El Camino Fundamental High School, contacted Margo Scandella and asked if it were going to be possible for our PW group to sponsor a concert in the first part of December 2022. It was determined that a concert would be welcomed as an Advent event that would take place in our sanctuary. PW sponsored this performance and had the concert on December 8, 2022. It was a marvelous concert with many church members and guests attending. PW feels this was very successful. This was a welcomed event since we could not do this during the pandemic in 2020 and 2021. We were thrilled with their performance and hope to continue these concerts in the future. We began this relationship in 2012.

Our Circles met and designated their Mission projects October through December, and those Circles will continue with their regular meetings and activities with Bible Study through May 2023. Pastor Keith continues with his PW Bible Study sessions using Zoom.

Dorcas Circle has been active all year, and members do their sewing individually. Together they completed and donated 90 gift-wrapped quilts to the emancipated youth who age out of the Foster Care system each year and which CPC supports every year.

This past year has again been challenging, but joyful. The constants that we have had has been Pastor Keith with his willingness to lead us in our Bible Study and for our Lord for keeping us safe during these trying

times. Our church is our common strength, and we look forward to the future to serve and give, as we are accustomed to doing.

Stephen Ministry

Misty Dunn

The Stephen Ministry program continued to provide confidential, one-to-one Christian caregiving to CPC members as well as to others in the community, free of charge. Stephen Ministers met weekly with six individuals in person or by phone this year who have been going through some major life challenges. In addition, the Stephen Ministry Leaders mailed out 59 of the very helpful "Journeying Through Grief" booklets to persons dealing with the loss of a loved one.

2022 Membership & Outreach Division

Anne Parker, Chair

Throughout 2022, the Membership and Outreach division engaged with visitors, members, the public, and other divisions at CPC to make our programs, services, and events welcoming. Through weekly greeting at the back of the church and a revamped version of the Welcome Center inside the Gathering Place, we worked hard to build lasting relationships between visitors and members. We ordered and displayed *All are Welcome* signs in the front and back entrances to our church campus to encourage and welcome visitors. Additionally, we included articles and announcements in the Mission Bell and Inside Sacramento publication. The information below highlights events and ways we engaged with our community, visitors, and members.

Membership

We hosted a new member class in March, an Ask the Pastor meeting in September, and a second new member class in December. The new member classes welcomed 13 new members in 2022, several of whom participated in an Ask the Pastor meeting prior to signing up for the new member class. The *Ask the Pastor* meeting offers newcomers a chance to find out more about CPC in a casual Q&A before committing to a new member class. Seven people attended the meeting in September. Thanks to Opportunity Knocks, the majority of the new members were already actively participating in the life and ministry at CPC before joining as members.

Opportunity Knocks

Sharon MacLean continues to serve as the Engagement Coordinator since the position started in September 2021. “Opportunity Knocks” has been going strong in 2022 as Sharon continued to connect with our ministry leaders to find opportunities for members and friends of CPC to engage in the life of CPC through service or involvement in a variety of ministries and events. Sharon presents these opportunities in monthly Mission Bell articles and at a monthly table during coffee hour on Sundays. As other opportunities arise, Sharon is often asked to advertise opportunities on the church’s social media or in the Parish Notes. It was exciting to see at our last new members class that every new member had already plugged into various opportunities. Three new members joined the Tech Team in 2022, providing much needed assistance. Others joined the choir, helped in the Food Closet, and served in other areas. We look forward to connecting more people in the coming year as we celebrate our Centennial and related events.

CPC Inclusion Task Force

In response to Membership and Outreach Division’s recommendation, Session approved the establishment of a CPC Inclusion Task Force in February 2022. The Task Force was charged with bringing to Session its recommendation on whether CPC should affiliate with Covenant Network of Presbyterians (CovNet), More Light Presbyterians (MLP), neither, or both as we work to help make CPC an even more welcoming church for LGBTQIA+ (lesbian, gay, bisexual, transgender, queer, intersexual, asexual, and more) individuals. Both groups help equip churches in the Presbyterian Church (USA) to become more inclusive and affirming of the LGBTQIA+ community.

Rae-Nani Stokes, Membership Elder, and Kathy Lewis, Membership and Outreach member, led the Task Force over the course of the year as it studied related biblical passages and reviewed the policies that mark our national denomination as a welcoming and affirming church for people of the LGBTQIA+ community. The Task Force members read two books on the topic ([The Bible’s Yes to Same-Sex Marriage: An Evangelical’s Change of Heart](#) and [Rethinking our Misuse of the Bible on Homosexuality](#)). Membership and Outreach purchased copies of both books which are available to be checked out from the CPC library.

The Task Force consulted with churches in our Presbytery that affiliate with either CovNet or MLP to understand their experiences and participated in a Presbytery-sponsored all-day workshop hosted by CovNet which featured several pastors from our presbytery as well as the executive director of CovNet. The workshop was very instructive and encouraging.

The Task Force brought to Session its unanimous recommendation to affiliate with CovNet, together with its analysis and extensive background information. Brian Ellison, the Executive Director of CovNet, met with Session via Zoom to answer questions. At its November meeting, Session approved affiliating with CovNet and established an ongoing Inclusion Task Force to assist our divisions in implementing changes in 2023 to help CPC become more welcoming and affirming. Rae-Nani Stokes and Kathy Lewis will co-chair the new task force.

World Relief Partnership to Help Afghan Refugees

We continued to partner with World Relief Sacramento in 2022 to support their work to welcome, educate, and increase the capacity of Afghan refugees to be successful and a strong part of our community. Our efforts included:

- Providing volunteers to support online English as a Second Language (ESL) classes for Afghan women.
- Hosting two graduation ceremonies in June at CPC for Afghan women who completed their yearlong ESL classes.
- Providing space for 6-week wellness classes for Afghan women and men separately and provided childcare to allow one of the women to participate.
- Making McMillen Hall available for Afghan girls participating in Capital Community Athletic activities so they could continue to connect during fasting for Ramadan.

World Relief Sacramento also participated in our Alternative Gift Market, receiving \$705 in donations.

Friendship Sunday

The Membership and Outreach Division coordinated and publicized the Friendship Sunday event following church on Sunday, September 11. The event provided information about getting involved at CPC and provided opportunities to sign up for areas of interest. All ministry areas hosted tables where they gave information about their ministries, shared opportunities to get involved, and provided ice cream sundae toppings. Participants completed ice cream sundaes, topping by topping, as they visited the various tables.

Carmichael Founders Day

Once again, we hosted a booth at Carmichael Founders Day on September 25 at Carmichael Park. Our booth included information about ministry areas including Supper on Saturday, the Harvest Festival, the Family Advent Event, and children's activities. We showed off our heritage book and *All are Welcome* sign, and highlighted volunteer opportunities with the Food Closet, Supper on Saturday, and World Relief. We provided craft supplies for children with the goal to engage children and their families who were at the event. The children's crafts were popular, and visitors asked about volunteer opportunities. We showed concern and engaged in friendly conversation with those who stopped by.

Harvest Festival

After several pandemic years where CPC hosted only the Trunk or Treat portion of the Harvest Festival, the meal, bounce houses, and carnival games returned in 2022. Membership and Outreach hosted the event this year along with the children's ministry director, Lisa Torgerson. The event was well attended by over 100 guests. Many volunteers, including CPC youth helped make the event a wonderful success. We served vegetarian and gluten free food to create a menu that was accessible to many. We distributed fliers for

upcoming events and opportunities to connect at CPC. This event continues to be an excellent opportunity to invite friends and Carmichael community members to CPC.

Run to Feed the Hungry

Membership and Outreach sponsored a CPC team for a virtual Run to Feed the Hungry event on Thanksgiving Day. The CPC team for the Run to Feed the Hungry began in 2019 and became a virtual event in 2020 due to the pandemic. Twenty-five people met Elder ElizaBeth Phillips at the church to run or walk the 5K distance through Ancil Hoffman Park returning to CPC for refreshments. Participants raised \$649.95 for the Sacramento Food Bank and Family Services (SFBFS). Our youngest participant, age 8, raised the most money for our team! Participants continue to express appreciation about the opportunity to begin Thanksgiving Day raising money for SFBFS while enjoying exercise and companionship with their CPC family.

2022 Mission Division

David Mathews, Chair

Before every decision the Mission Division makes, we first think of Mathew 25:40 "I tell you the truth, whatever you did to the least of these brothers and sisters of mine, you did for me."

The Elders on Mission Division are David Mathews, Chair, Bob Curtis and Hal Holland. CPC Members Barbara Farley, Brenda Mock, and John Wallace also attend regularly.

Family Promise:

Family Promise is a nonprofit organization committed to helping homeless low-income families achieve lasting independence. The families are screened by Family Promise staff and are supervised by case managers. Due to the pandemic, Family Promise changed their program model in 2020. In cooperation with another non-profit, Family Promise is now able to house up to three small families (2-3 people) in tiny homes. Larger families are housed in motels. They still serve only four families at a time. The program includes skills to find jobs and find permanent housing which will make homelessness less likely to reoccur. Case managers provide support services such as mental health services, substance abuse counseling, physical health exams, life skills development and referrals. The children go to Mustard Seed School at Loaves and Fishes or attend the school that they were enrolled in before becoming homeless. The program banks 70% of what the parent earns while being in the program and when they graduate, they then have their first and last month's rent for permanent housing. Some families can acquire a car through a Family Promise program. Family Promise typically assists over 10,000 people with referrals to other programs. The 18-20 families that finished the program had housing, a savings account, and jobs. Family Promise is collaborating with The Salvation Army to assist with families that were a part of their program who need a rent subsidy to be able to stay in their home.

Suppers on Saturday (SOS):

On the third Saturday of every month about 10 CPC and community volunteers join to provide a special dinner for our neighbors here in Carmichael. Guest cooks, Mariner Ships and faithful SOS volunteers prepare the meal. The food is always nourishing and plentiful. The costs for an SOS dinner are covered by the people who prepare the meal, donations from the Food Closet, and by a line item of \$1200 in the Mission Division budget.

Even though our numbers are slow to return since COVID, those who come on the third Saturday each month are so grateful for the opportunity to join others for conversation and a nice meal served on church china with real silverware. We continue to enjoy piano music during our meal. Larry has come faithfully each month to entertain us on the piano and has even invited some of his piano students to play as well.

Trina Spivack and Barbara Farley are grateful for our faithful volunteers who come each month to prepare and serve the dinner. We always look forward to adding others to our team so call us if you would like to help with this special ministry at CPC.

Loaves and Fishes:

In 2022, the Carmichael Presbyterian volunteers at Loaves & Fishes had to stop volunteering for the meal every third Wednesday. The Mission Division, however, continues to support the ministry of Loaves & Fishes with an annual donation from their budget.

Food Closet:

The Food Closet remains a major part of CPC's Mission involvement in our community. Brenda Mock, Tiffany Mock-Goeman and Barbara Farley work as a team directing the Food Closet with help from a Task Force. Donations to the food closet totaled more than \$69,000, and with those donations and reserved funds, nearly \$54,000 was spent on food and warehouse refurbishments. Please see the separate Food Closet report that follows for detailed information.

Alternative Gift Market:

This year the Alternative Gift Market was once again held on the first weekend of November. For the past two years this event has expanded from one to two days with invitations to the community to begin their Christmas shopping with gifts and donations that help others. The Market serves as an educational and awareness opportunity about local, national and international ministries. Brenda Mock and her family, Barbara Farley, and a host of CPC volunteers did a tremendous job of decorating the hall and setting up the booths. In total, the Alternative Gift Market raised \$15,455 for social ministries.

Special Offerings:

CPC generously supported the four PCUSA Special Offerings with \$12,312 in giving which included the following:

- One Great Hour of Sharing Offering for support of the ministries of disaster relief, hunger programs, and development aid. In 2022, CPC sent a financial gift of \$2,060.
- Pentecost Offering is for the support of at-risk children, youth, and young adults - \$2,480 of contributions were forwarded to the Synod and the remaining funds were retained at CPC to support local mission projects.
- Peace & Global Witness Offering funds are for support of peacemaking efforts and education. \$2,272 was sent to the Synod. The balance remaining allowed us to support Carmichael HART for regional needs.
- Christmas Joy Offering supports current and retired church workers who are in need and for scholarship assistance at Presbyterian schools. In 2022, \$5,500 was forwarded to our Presbytery.

Denominational Support:

In 2022, CPC gave \$63,954 for Mission ministries and program support through our Presbytery, Synod and General Assembly, which included \$15,544 in per capita. A portion of these funds return to the Presbytery of North Central California including an allocation for a variety of mission activities.

Winter Respite:

CPC, along with Carmichael HART, transitioned from the traditional Winter Sanctuary in McMillen Hall to Winter Respite. The COVID restrictions precluded overnight stays in local churches, but we were able to open McMillen Hall for food, showers, and warm sanctuary in January and February of 2022.

Carmichael Homeless Assistance Resource Team (Carmichael HART):

CPC continues to join with other faith communities in the Carmichael area to form Carmichael Homeless Assistance Resource Team (HART). Other congregations who work with HART are Christ Community, Crossroads Church, Latter Day Saints - Carmichael Stake, St. Michaels, and American River Community Church. HART is locally organized to help resolve and assist the homeless in the Carmichael area. A Navigator, paid for by Sacramento Self Help Housing, works with HART and is available to the homeless to provide assistance and other resources. Other HART groups are organized in Elk Grove, Rancho Cordova, Citrus Heights, and Folsom. New HART groups are being formed in North Sacramento, Arden-Arcade, South Sacramento, Midtown and Sac State. In addition to Winter Respite, HART sponsors a Student Buddy

program for homeless middle school children. An adult meets with their buddy at least twice a month at lunch time offering support and guidance.

In January 2022 Robertson House on the back part of Carmichael Presbyterian's property opened as transitional housing for up to four men and a house manager. Robertson House joined another house at American River Community Church (the Charlotte House) that is transitional housing for four women and a house manager.

Shower Ministry:

Historically, three days a week from 1:00pm to 4:00pm, people in the Carmichael area were able to come to CPC and take a shower. When the church office closed in March 2020, the shower program was also closed. In late fall of 2020, the Mission Division again started the program on a more limited basis to welcome each guest and provide them with towel and toiletries so they can shower. All the safety precautions recommended by the county have been observed. The program ran two Saturdays a month with the help of HART volunteers. The shower program expanded to every Saturday in 2022 and is supported by volunteers from CPC and Carmichael HART.

Earth Care Congregation

CPC registered in 2021 to become a formal Earth Care Congregation. This effort is led by the youth of the congregation, with support of a leadership team. The primary activities have been local creek clean-up efforts. However, the church renovation of the HVAC system was also influenced by the Earth Care commitment, and the revised design also came with a SMUD rebate. The Task Force formed to plan renovation to our parking lot is also considering recommendations from Earth Care.

Carmichael Food Closet

Brenda Mock

Some changes were made at the Food Closet this year, but it still answers the Mission it has served for 49 years. In 2023 the Carmichael Food Closet will celebrate its 50th year.

We continued to partner with Sacramento Food Bank and Family Services (SFBFS), Walmart, Grocery Outlet and Safeway with the federal program “Feeding America” and Sacramento Kindness. Other churches also brought donations to the Carmichael Food Closet on an irregular schedule including American River Community Church, Celtic Cross Church, Gethsemane Lutheran, St. Mark’s Lutheran, Presentation Catholic Church, Carmichael Adventist Church, and the Sunrise Christian Food Closet. We continue to receive fresh fruit and vegetables from the CPC Community Garden and the Carmichael Community Garden. The Carmichael Kiwanis Club supports the Food Closet with diapers. We also continue to receive the very generous support from the members of CPC and the community at large.

The CPC Food Closet distributes canned food, fresh produce, meat, eggs, milk and other dairy products, cereal, pasta, rice, peanut butter, jam/honey for those with children, sliced bread, rolls and other baked goods. Our goal is to have a minimum of 9 healthy meals per person in the grocery bags. We also take note of dietary restrictions (diabetic, gluten-free, lactose intolerant, halal, etc.) as a part of our intake process. We add toilet paper for all households when we have it. Additionally, we now maintain a regular inventory of pet food, baby diapers, feminine hygiene and adult incontinence products, toiletries, dish soap, and laundry soap for families that request them.

Due to the continued shortages of milk and eggs from the SFBFS, the CPC Food Closet has been purchasing those items since summer 2021. In 2022, our dairy came from Save Mart, Costco or Walmart. With inflation, we spent on average \$650 a week on these items.

The new to us walk-in freezer/refrigerator installed in the warehouse in 2021 has contributed greatly to our ability to store more fresh products, produce and bulk dairy purchases.

Our “Homeless Pantry” has been improved to provide better services. Each person who tells the phone volunteer that they do not have cooking or refrigeration receives flip top cans of soup, tuna or chicken, canned pasta dinners, fresh & canned fruit, peanut butter, bread & pastries, cereal, snacks, quarts of fresh milk or shelf stable milk, canned drinks, toiletries, utensils, toilet paper and a large garbage bag to help keep their environment clean. We try to focus on healthy options for these guests as well. This has been well received with our homeless guests.

We distributed 125 complete turkey dinners for Thanksgiving this year, and the Carmichael Kiwanis provided all the turkeys. With SFBFS \$15 vouchers, each family could purchase the special extras for their dinner. With help from CPC members and the general community, we were able to provide full dinner boxes along with the regular food bags for each family the week before Thanksgiving. At Christmas, 25 gift cards with \$20 each were provided by Ken Cooley’s office and given to families who came on the Thursday evening of Christmas week.

We send all our excess food to a homeless ministry supported by Crossroads Church that distributes food to the homeless at encampments that are remote with limited resources. We also support the Carmichael HART Thursday Lunch Program and HART’s Saturday showers with food items.

Driving volunteers pick up food from Sacramento Food Bank each Friday, Walmart at Madison and Manzanita four days a week, Safeway six days a week, Grocery Outlet on Marconi as needed, and the Sacramento Kindness Campaign delivers 400 lbs. of rice each month.

This year through a special American Rescue Plan Act (ARPA) we receive a supply of food we normally cannot get each month. We have received tuna, salmon, pasta, pasta sauce, peanut butter and shelf stable milk and cheese.

The Food Closet Task Force formed in 2020 continues to meet every other month or as needed. The group continues to look at how the Food Closet can be more efficiently managed.

The Food Closet Task Force consists of:

- Tiffany Mock-Goeman: scheduling of volunteers, new volunteer recruitment & ordering supplies from The Sacramento Food Bank
- Barbara Farley: warehouse maintenance, food purchasing & general management
- Helen Magnussen: general management, food pick up, policies & procedures training, nutrition and food handling
- Michelle Olivera: general management
- Andrea Heckenlively: phone bank coordinator
- Ernie Chard: advisor & driver
- April Jascke: general management
- Chris Fenstermaker: operations
- Brenda Beers-Mock: general management
- Ivan Herman: inspiration

Due to a shortage of volunteers, particularly in the afternoon shift, the Food Closet Task Force made the decision to close for service on Wednesdays. Wednesday was chosen because that is the one day of the week many other Food Closets in the county are open.

The Food Closet Task Force had long wanted to be open one night a week to serve working families that still needed help with food shortages. We are now open every Thursday night from 6 to 7pm and serve 35 families each night on average. For security we installed new high powered LED light to light up the Food Closet parking area. A retractable awning has been added at the front door to protect the volunteers from storms when distributing grocery bags to our guests.

The online scheduling platform for volunteers, Sign-Up, sends auto-reminders for shifts and allows volunteers to swap or change their shifts with other volunteers as needed. The system is still being tweaked and improved. A Saturday morning shift was added that is comprised of volunteers including working adults and high school students who come into sort donations. New volunteers joined after seeing information on social media sites, including Nextdoor Carmichael & Facebook. Over half of our 130+ current volunteers are now from the wider community, and not CPC members.

WE ARE ALWAYS LOOKING FOR MORE VOLUNTEERS.

We continue to provide food supplies for Supper on Saturday (SOS), Carmichael HART Winter Respite, and Carmichael HART Thursday Bag Lunch Program. A warm, nutritious breakfast and a bag lunch were provided during the months of January and February for Winter Respite and snacks were provided for the ongoing HART Shower program on Saturdays.

Tim Farley, Barbara Farley, and Randall Haight coordinated the Kids Can Food Drive for the 10th year with 18 schools in the San Juan School District participating. The drive brought in 15,500 pounds of canned goods, equal to 7.75 TONS of food. The committee and numerous volunteers sorted and stored away all the donations.

The Data Entry Team tracks the number of times a client is served per year, as well as submitting accounting reports to Feeding America and the Sacramento Food Bank.

BREAK DOWN of 2022 GUESTS:

	2021	2022	Increase over 2021
Total Adults (Ages 18-59)	9,800	14,449	47%
Total Children (Ages 0-17)	2,237	7,828	250%
Total Seniors (Age 60+)	2,403	2,721	13%
TOTAL PERSONS SERVED	14,440	25,208	75%
TOTAL HOUSEHOLDS SERVED	5,316	8,035	51%
TOTAL MEALS	129,960	239,476	30%*

*Number of meals provided to each household was reduced from 12 to 9 this year due to shortages in food products and increased costs.

BUDGET

1/1/2022	Income	Expense	1/1/2023
\$72,207	\$69,083	\$53,990	\$87,300

FOOD CLOSET 3 YEAR STATISTICS

	2020	2021	2022
Households Served	3,616	5,316	8,035
Total Persons Served	14,851	14,440	25,208
Total Meals Served	134,069	129,960	239,476

2022 Worship Division

Clint Dahlke, Chair

The task of leading God's people in divine worship requires the leadership and creativity of our pastors, the faithfulness and dedication of our staff, and the willingness and enthusiasm of many volunteers.

Division Membership: Clint Dahlke (Elder Chair); Kathy Phillips (Elder); Kathy Lewin (Deacon); Keith DeVries (Pastor); Keith Atwater (Music Director)

Division Responsibilities: The Worship Division coordinates the activities that support and enable the worship experience at Carmichael Presbyterian Church. These include, but are not limited to:

- The Worship environment
- The Music, Drama and Liturgical Art programs
- The Tech Team
- Lay Leaders
- Special Services and special events that take place during the worship service (such as Communion, Baptisms, and the sharing of Faith Stories).

Our Pastors: Pastor Keith DeVries and Associate Pastor Ivan Herman continued to meet the challenges of bringing CPC together during pandemic forces that can divide. In response to Session's decision, they transitioned to a blended service & skillfully navigated the unpredictability of personnel changes. Through their leadership we, as a congregation, continued to thrive and to be a blessing to others in our worship.

Worship Task Force: The Worship Task Force officially disbanded after making their final recommendation that Session officially adopt a blended service format with one service each Sunday. We are grateful for the work of Chairperson Karen Orlando, consultant Gayle Litz, and the rest of the task force members.

Music Department: On October 1, 2022, Keith Atwater came on board as Music Director, choir conductor, and guitarist/coordinator of the Contemporary Music Team. Rick Schlosser also joined CPC as organist, pianist, and choir accompanist on October 1st. At this time choir resumed its weekly Wednesday evening rehearsals and have sung 2-3 times a month in Sunday worship services since October. On the first Sunday of Advent, the sanctuary choir, Contemporary Music Team, and a handbell ensemble joined forces to present an anthem, "Christmas Is Coming."

Randy Benfield: Randy offered his resignation in February 2022 after decades of leading CPC's music program, playing the organ and violin, and directing the choir. His commitment and dedication to technical excellence and beauty has graced our choir and congregation. We remain grateful for Randy's ministry.

The Sanctuary Choir: With the departure of Randy Benfield and a COVID surge, the choir was on hiatus in early 2022. Trina Spivack worked with the choir (plus a few extra members) to prepare an Easter anthem. A COVID outbreak postponed that performance until May.

Worship Consultant Gayle Litz brought the Sanctuary Choir together in May and served as Interim Music Director until October 2022. Under her direction, the choir shared anthems on two Sundays in June and helped to lead worship until their scheduled summer break.

Guest organists Grace Fong and Rebecca Nelson provided beautiful music on a few Sundays during the summer.

Handbells: The Handbell Choirs have a new director, Jenny DeVries, and have again joined the Sunday morning rotation.

Waterfall Singers: The Waterfall Singers met for practices for the first time in two years to prepare to sing on Palm Sunday. In the fall weekly practices resumed, and the children sang in church once a month under the direction of Nancy Studer, accompanied by Kathy Phillips.

The Contemporary Music Team: This amazing team has risen to the occasion of become the primary music source for our worship services through a majority of 2022. Our thanks to Paul Zeman who resigned as guitar player from the team after many years of service. We welcomed Michael Schwab and Matthew Major in August 2022 who brought their guitar, bass & other musical skills to provide a worshipful and exciting experience to CPC. The team is composed of instrumentalists, Gabe Bisho (piano), Will Condrey (drums), Michael Schwab (guitar), Matthew Major (bass) and vocalists including Claire Aretsky, Tara Calderon, Karen Gray, Laura Leek, Gayle Litz, Lori Roberto, Beth Lindley, and Julie Ueltzen. The Contemporary Music Team continued to assist the worship experience during services.

Worship Environment/Worship Experience:

Each week Steve Parker, Jeremy Sparks, Bruce MacLean, Mike Gray, Avonlee Janik, Noor Bitar, David Stoffel, and Josh Keaney managed the sound system and all recordings of our worship services. 2022 continued with livestreaming and recorded services available via the church website and YouTube, and through DVDs mailed to homebound members.

We began 2022 with 50 worshipers attending in person each week, with that number growing to well over one hundred through the year. Online views per Sunday regularly exceed 100 views, highlighting the importance of our livestream ministry.

Special Events:

Faith Stories:

One Sunday per quarter CPC members shared their personal testimonies. These moments enriched our congregation in hearing the Word proclaimed through the reflections on single experiences or a life journey of faith. The Worship Division welcomes any who would like to participate in the future.

Worship Services:

Lenten Season began with the **Ash Wednesday Service**, which was attended in person and livestreamed after the previous year's drive through service. **Maundy Thursday** and **Good Friday** services were also in person and livestreamed. **The Easter** service marked the coming together of 403 worshipers, including 200 people worshipping in-person and 203 viewing from home.

Youth Sunday returned to the sanctuary as our congregation witnessed the future of the church take the lead and share their personal experiences of service and fellowship.

All Saints Day was observed on October 30 this year.

The Advent Season was greatly enhanced by our being able to meet in-person again. We had a drama on December 19, performed by Bobby Brow, Anne Parker, Kathy Lewin, and Keith DeVries, written and directed by Karen Orlando. Christmas Eve Family Service was held at 5:00 p.m. in the Sanctuary and online. Children filled the Bethlehem Village as we heard the Christmas story through Christmas carols, Scripture readings, and songs from the Sanctuary Choir. An in-person and livestreamed Candlelight Communion Service was

held at 11:00 p.m. with special music from Hannah Ludwig and Zorana Randjelovic-Flores, the Lord's Supper, and Scripture.

Blue Christmas Service

This year we again held a service to support any who struggle with grief and loss during the holiday season. Pastor Ivan led with the support of Deacons and Stephen Ministers.

Our Many Volunteers: The Worship Division is grateful for the many devoted volunteers who contribute in so many ways to providing meaningful worship. Thank you to all who have served as lay leaders and readers, communion servers, helpers with set up and take down of sanctuary visuals and ushers.

2022 Deacons' Report

Kathy Lewin, Moderator

While Sunday worship and other activities return, the Deacons continue to be challenged with providing the services and support that the congregation expects, though our numbers are diminished. Our Board has been reduced due to health and other reasons. Currently, there are only 20 deacons on the roster where a full Board consists of 24 Deacons.

One of our biggest areas of outreach continues to be the Care & Share Ministry. This is a vital contact with our stay-at-home congregants under the capable direction of Coordinator Terry Sakuda. She also oversees the bi-monthly writing of notes included in the "Upper Room" provided by deacons: Marsha Cook, Bonnie Hard, Debbie Cameron and Lisa Benadom.

2022 Board of Deacons Officers:

- Moderator: Kathy Lewin
- Vice Moderator: Deb Sweetman
- Treasurer and Nominating Committee Deacon Liaison: Ernie Chard
- Secretary: Barbara Laughton

Other positions include:

- Care & Share Coordinator/Communion Team Coordinator: Terry Sakuda
- Caring Coordinator: Bonnie Hard
- Flower Delivery Coordinator: Marsha Cook
- Pantry Coordinator: Carol Honnold
- Healing Meals Coordinator: Caron Treon
- Pew Restocking Coordinator (on hold): Craig Morris (another dedicated church member)
- In Home Communion Coordinator (on hold) – Erin Pace
- Transportation Coordinator - vacant
- Worship Committee Liaison – vacant

Other dedicated church members, Tony Perrou and Duane Johnson, continue to be Usher Captains for Odd and Even months. Thank you, gentlemen!

Christmas Gift Ministry

Although no one stepped up to co-chair the program this year, several deacons took parts of it. Caron Treon did an excellent "Minute for Mission" to promote inviting the congregation to donate toward the purchase of gift cards. Terry Sakuda wrote articles for the Mission Bell, worked the "Christmas Gift Ministry" table in the Gathering Place each Sunday in November and purchased gift cards. Bette Johnson made a beautiful Christmas tree where we could post the "Fundraising Thermometer" and displayed our fundraising progress each week. Lillian Janik took on putting all the gift bags together that included the names of all the family members, the gift cards (she also purchased some of these), some holiday candy and church brochures. Deb Sweetman purchased gift cards and delivered all the gift bags to all the schools chosen for this outreach.

This program could not have happened without extraordinary help from Julie Ueltzen. In October, Julie contacted the secretaries at six area schools and Family Promise to identify low-income families that would benefit from this program. After the families were identified, Julie created a numeric list with the families' names for the deacons to work from. She was the contact for all donations that came to the church by mail, in person or online and generated a "Fundraising Thermometer" that showed donations received each week.

Here is the breakdown:

Type of card	Number of cards	\$ per card	Total	Debit	Credit	Balance
Walmart	134	40	5360			
Target	75	40	3000			
Safeway (Christmas meals)	36	100	3600			
Gift cards	8	40	320			
Supplies			310			
Total	253		12590			
2022 expenses				12590		
2022 contribution					12565	
Account as of December 31, 2022						4427
Account as of January 1, 2022						4452
GIFT DISTRIBUTION						
Families served			34			
Adults			60			
Children			93			

Coffee fellowship continues each Sunday after worship in the Gathering Place. Fellowship & Nurture help provide cookies.

Finally, the Board of Deacons would like to express appreciation to Pastor Ivan Herman for the spiritual reflections, guidance, and support that he has provided at our monthly meetings and throughout the year.

2022 Nominating Committee

ElizaBeth Phillips, Moderator

The Nominating Committee is required by the Book of Order. The committee's size and composition are set by the Bylaws of Carmichael Presbyterian Church. During 2022-2023, there are four members of the congregation on the committee. Its Moderator is a currently serving Ruling Elder on Session, who serves a three-year term. Two are at-large members elected by the congregation for two-year terms. Session appoints a non-serving Elder and the Board of Deacons appoints a Deacon Representative. No member of the committee shall serve more than three consecutive years. Pastor Keith DeVries serves ex officio as provided by the Book of Order.

The committee is charged with presenting a slate of nominees at CPC's annual Congregational Meeting. The committee is also responsible for finding candidates to fill any vacancies that might occur. In addition, Session occasionally asks the committee to find candidates to serve on a board or council which assist Session in carrying out its duties. Every effort is made to present a diverse slate, taking into consideration age groups and gender, as well as their gifts and talents.

The **2022-2023 Nominating Committee** includes the following individuals:

ElizaBeth Phillips, Moderator, Class of 2025
Vacant, Member At-Large Class of 2023
Laura Garwood, Member At-Large Class of 2024
Bill Dunn, Non-Serving Elder
Ernie Chard, Deacon Representative
Pastor Keith DeVries, Ex Officio

2022 Financial Report

Paul Shultz, Financial Administrator

Carmichael Presbyterian Church

	General Fund	21st Century Fund	2022 Combined Total	2021 Combined Total	2020 Combined Total	2019 Combined Total	2018 Combined Total	2017 Combined Total	2016 Combined Total
Assets									
Cash	\$ 130,592	\$ 37,420	168,012	436,456	695,085	\$742,272	\$ 724,565	\$ 352,167	\$ 130,813
Investments - Dedicated Accounts	1,210,972	229,282	1,440,254	1,141,731	740,770	395,802	215,015	492,277	638,765
Receivables - other/prepays	44,780	19,250	64,030	53,772	46,254	41,585	82,874	338,894	100,765
Receivable - pledge	-	-	-	-	-	-	-	-	-
Receivable - multi year pledges	-	-	-	-	-	-	-	-	-
Note Receivable	-	-	-	-	-	-	-	-	559,302
Construction in Progress	-	-	-	-	-	-	-	-	-
Property and Equipment, net	2,286,417	4,716,926	7,003,343	7,022,633	6,984,053	6,984,053	6,984,053	7,003,343	7,003,504
	\$ 3,672,761	\$ 5,002,878	\$ 8,675,639	\$ 8,654,592	\$ 8,514,214	\$ 8,163,712	\$ 8,006,507	\$ 8,186,861	\$ 8,432,504
	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-
Liabilities									
Accounts payable and accrued expenses	\$ 18,197	-	18,197	33,768	7,360	3,039	18,197	14,807	3,406
Deferred pledges	86,068	-	86,068	100,492	82,700	47,105	86,068	57,708	622,456
Long term note payable	-	-	-	-	-	-	-	159,145	481,371
Inter-fund (receivable) payable	19,250	-	19,250	15,327	15,327	11,165	19,250	7,814	16,625
Total Liabilities	123,515	-	123,515	149,587	105,387	61,309	123,515	239,474	1,123,858
Net Assets									
Restricted	37,832	229,282	267,114	202,408	202,006	91,437	82,770	267,114	4,275,810
Un-Restricted	3,511,414	4,773,596	8,285,010	8,302,597	8,206,821	8,010,966	7,818,350	7,680,273	3,032,836
Total Net Assets	3,549,246	5,002,878	8,552,124	8,505,005	8,408,827	8,102,403	7,901,120	7,947,387	7,308,646
	\$ 3,672,761	\$ 5,002,878	\$ 8,675,639	\$ 8,654,592	\$ 8,514,214	\$ 8,163,712	\$ 8,024,635	\$ 8,186,861	\$ 8,432,504

Carmichael Presbyterian Church
Combined Statement of Activities
for the year ended

	2022		2021	2020	2019	2018	2017	2016
	General Fund	21st Century Fund	Combined Total					
Revenues:								
General Fund Pledges	\$ 850,684	\$ -	\$ 850,684	\$ 822,494	\$ 828,364	\$ 803,254	\$ 782,081	\$ 772,284
21st Century Contributions	-	21,799	\$ 21,799	\$ 26,215	\$ 17,777	\$ 187,162	\$ 458,126	\$ 433,410
Pre-school tuition	-	-	-	-	-	79,233	113,742	172,377
Dedicated Accounts	373,681	-	\$ 373,681	\$ 464,613	\$ 403,115	\$ 435,712	\$ 281,433	\$ 263,309
Other Income	37,031	209	\$ 37,240	\$ 30,163	\$ 133,910	\$ 112,487	\$ 101,138	\$ 51,543
	1,261,396	22,008	1,283,404	1,343,481	1,383,166	1,538,615	1,736,520	1,692,923
Expenses:								
General Fund:								
Worship	4,057	-	4,057	2,018	1,093	3,194	2,802	1,579
Education	3,306	-	3,306	5,753	4,932	7,701	9,936	11,334
Mbrship&Outreach	2,678	-	2,678	-	-	1,092	1,360	-
Fellowship	-	-	-	393	1,495	600	2,442	1,728
Mission	70,799	-	70,799	66,298	66,120	68,321	68,481	71,304
Administration	724,972	-	724,972	701,356	755,424	732,588	744,619	728,192
Other	2,583	-	2,583	1,336	277	3,096	2,794	4,307
	808,395	-	808,395	777,162	829,341	817,502	832,133	818,803
Dedicated Accounts:								
Worship	2,215	-	2,215	752	610	8,118	11,581	7,812
Education	15,848	-	15,848	2,067	12,797	88,975	97,146	96,353
Fellowship	10,902	-	10,902	658	158,222	28,974	15,952	12,668
Mission	88,152	-	88,152	117,430	41,435	51,034	56,170	60,154
Administration	101,723	-	101,723	145,299	129,499	27,218	44,931	47,072
Gifts & bequests	88,992	-	88,992	42,441	35,154	110,252	26,849	39,092
Endowment	-	-	-	-	-	-	-	-
Deacons	42,872	-	42,872	9,211	18,293	20,788	22,267	17,138
	350,704	-	350,704	317,858	396,010	322,337	271,612	281,026
21st Century:								
Fees	-	-	-	-	-	-	-	-
Interest	-	-	-	-	-	1,081	14,317	31,650
Other expenses	-	1,900	1,900	-	-	-	-	-
	-	1,900	1,900	-	-	1,081	14,317	31,650
Pre-school:								
Salaries	-	-	-	-	-	-	110,467	130,967
Operating expenses	-	-	-	-	-	-	40,121	42,849
	-	-	-	-	-	-	150,588	173,816
Total expenses	1,159,099	1,900	1,156,421	1,095,020	1,225,351	1,140,920	1,268,650	1,305,095
Total Revenues in excess of expenses	\$ 102,297	\$ 20,108	\$ 126,983	\$ 248,471	\$ 157,815	\$ 397,695	\$ 467,870	\$ 387,828
General Fund revenues in excess of expenses	\$ 79,320							
Dedicated Account Revenue in excess of expenses	\$ 22,977							